

Rx Only

# Foltabs™ 90 Plus DHA

NDC 68308-190-30

Rx Prenatal Vitamin Tablet and 250 mg DHA Gel Capsule

## Foltabs™ 90 Plus DHA

**DESCRIPTION:** Foltabs™ 90 Plus DHA is a prescription prenatal/postnatal multivitamin/mineral tablet and a gel capsule of an essential fatty acid. The prenatal vitamin is a scored, white, oval multivitamin/mineral tablet. The tablet is debossed "ML 190" on one side and is blank on the other. The essential fatty acid DHA capsule is clear and contains a light yellow semi-solid mixture.

**Each prenatal tablet contains:**

Vitamin C (Ascorbic acid)	120 mg
Calcium (Calcium citrate)	200 mg
Iron (Carbonyl iron)	90 mg
Vitamin D <sub>3</sub> (Cholecalciferol)	400 IU
Vitamin E (dl-alpha tocopheryl acetate)	30 IU
Thiamin (Vitamin B <sub>1</sub> )	3 mg
Riboflavin (Vitamin B <sub>2</sub> )	3.4 mg
Niacinamide (Vitamin B <sub>3</sub> )	20 mg
Vitamin B <sub>6</sub> (Pyridoxine HCl)	20 mg
Folic Acid	1 mg
Iodine (Potassium iodide)	150 mcg
Zinc (Zinc oxide)	25 mg
Copper (Cupric oxide)	2 mg
Docusate Sodium	50 mg

**Each DHA gelatin capsule contains:**

Docosahexaenoic Acid (DHA)	250 mg
----------------------------	--------

DHA is contained in the oil derived from a purified fish oil source.  
Other ingredients in DHA gelatin capsule: Gelatin, Glycerin USP, Water.

**INDICATIONS:** Foltabs™ 90 Plus DHA is a multivitamin/mineral prescription drug indicated for use in improving the nutritional status of women prior to conception, throughout pregnancy, and in the postnatal period for both lactating and nonlactating mothers.

**CONTRAINDICATIONS:** This product is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF THE REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

**WARNING:** Ingestion of more than 3 grams of omega-3 fatty acids per day has been shown to have potential antithrombotic effects, including an increased bleeding time and INR. Administration of omega-3 fatty acids should be avoided in patients on anti-coagulants and in those known to have an inherited or acquired bleeding diathesis.

**WARNING:** Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B<sub>12</sub> is deficient.

**PRECAUTIONS:** Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

**ADVERSE REACTIONS:** Allergic sensitization has been reported following both oral and parenteral administration of folic acid. Caution should be exercised with patients with known allergies to fish or fish byproducts.

## Foltabs™ 90 Plus DHA

Rx Prenatal Vitamin Tablet and 250 mg DHA Gel Capsule

- ✓ Gel capsules contain a highly purified, pharmaceutical grade DHA
- ✓ DHA helps with fetal brain and eye development

**CAUTION:** Exercise caution to ensure that the prescribed dosage of DHA does not exceed 1 gram (1000 mg) per day.

**DOSAGE AND ADMINISTRATION:** One tablet and one capsule daily or as directed by a physician.

Store at controlled room temperature.

**NOTICE:** Contact with moisture can discolor or erode the tablet.

**HOW SUPPLIED:** Six child-resistant blister packs of 5 tablets and 5 capsules each - NDC 68308-190-30.

Foltabs™ is a trademark of



Montgomery, AL 36117



www.midlothianlabs.com

NDC 68308-190-30

Rx Only



## Foltabs™ 90 Plus DHA

Rx Prenatal Vitamin Tablet and 250 mg DHA Gel Capsule

An Rx Prenatal Vitamin and Omega-3 Docosahexaenoic Acid (DHA)

*Contains Docusate Sodium as a Stool Softener*

*In Child-Resistant Blister Packaging*



CONTAINS  
Six 5-day Blister Packs

## Foltabs™ 90 Plus DHA

Rx Prenatal Vitamin Tablet and 250 mg DHA Gel Capsule

- ✓ Contains 90 mg of Carbonyl Iron
- ✓ The enclosed highly purified, pharmaceutical grade DHA capsules were manufactured using a 7-step refining process that meets the standards of the Global Organization for DHA Omega-3s.



Glue

Glue



N 3 68308 19030 5